

SISALMON freights:

LAND	Dagens i NQSALMON	New SISALMON
Norge	(1,50)	(0,90)
SVERIGE	1,20	1,05
DANMARK	1,20	1,05
FINLAND	1,75	1,70
ESTLAND	1,60	1,60
LATVIA	1,60	1,50
LITAUEN	1,60	1,50
POLEN	1,50	1,30
STORBRITANNIA	3,20	2,80
TYSKLAND	1,75	1,40
BELGIA	2,30	1,80
NEDERLAND	1,90	1,60
LUXEMBURG	1,90	1,80
FRANKRIKE	2,40	2,20
SPANIA	3,50	3,40
PORTUGAL	4,00	3,70
ITALIA	3,00	3,00
ØSTERRIKE	2,75	2,75
SVEITS	2,75	2,75
UKRAINA	3,45	3,45
BELARUS	3,45	3,45
TSJEKKIA	2,70	2,70
SLOVAKIA	2,90	2,90
IRLAND	4,60	4,75
HELLAS	4,70	4,30
ROMANIA	4,35	4,35

**Fixed
amount/incoive.
Insurance,
terminal etc**

Fixed /invoice

**Old in
NQSALMON**

400,00

**New
SISALMON**

3.000,00

All FCA and EXW Norway sales will be added 0,90 NOK/kg to get to FCA Oslo. From packing stations or terminal Oslo, same standard. Add-on 0,90 NOK/kg.

Changing these freights

These freights were established spring 2024, and will be updated when the index changes up/down 4%. Name is "All road goods transport in English: <https://www.ssb.no/en/transport-og-reiseliv/landtransport/statistikk/kostnadsindeks-for-lastebiltransport>

The basis of the index Q2-24 was 119,2. The index Q2-25 was 121,7. When the index rises with 4% all freights will be updated. It will happen when one quarter the index is 124,0 or higher.